

## Lunch Menu March 2020

Steamed rice, furikake, salad dressing and salad condiments also included with Set Lunch Soup **not included** in Bento Lunch **Notices** regarding bento/delivery order process

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Teriyaki Chicken Vegetable Yakisoba Gyoza w. Dipping Sauce Stir Fry Vegetables w. Baby Corn Aburaage (Tofu) Soup Sliced Pineapple</p> <p>Cal.: 814      Prot.: 40</p>	<p>3</p> <p>Spaghetti Bolognese Pasta Arrabbiata w. Eggplant Freshly Baked Ciabatta Vegetable Caponata Tuscan Bean Soup Strawberry Pannacotta</p> <p>Cal.: 1032      Prot.: 36</p>	<p>4</p> <p>Butter Chicken Vegetable Tikka Garlic Naan Bread Roasted Pumpkin Lentil Soup Mango Mousse</p> <p>Cal.: 762      Prot.: 54</p>	<p>5</p> <p>Pepperoni Pizza Margarita Pizza Penne Pasta w. Hot House Vegetables Italian Vegetable Sauté Cream of Broccoli Sliced Melon</p> <p>Cal.: 670      Prot.: 23</p>	<p>6</p> <p>Crispy British Fish &amp; Tartar Sauce Zucchini Provencal Potato Crisps Green Peas w. Onions Vegetable Pottage English Bread Pudding</p> <p>Cal.: 987      Prot.: 36</p>
Weekly Special: Hayashi Beef				
<p>9</p> <p>Barbeque Chicken Grilled Vegetables Scalloped Potato Gratin Buttered Corn Pea &amp; Ham Soup Peach Cobbler</p> <p>Cal.: 752      Prot.: 33</p>	<p>10</p> <p>Santa Fe Beef Tacos Vegetable Bean Tacos Tortillas w. Salsa Roasted Zucchini w. Tomato Mexicali Mushroom Soup Mango w. Pineapple &amp; Spicy Lime Syrup</p> <p>Cal.: 710      Prot.: 26</p>	<p>11</p> <p>Early Dismissal Professional Development Day For Teachers</p>	<p>12</p> <p>Beef Lasagna Vegetarian Lasagna Baked Focaccia Green Beans w. Carrots Minestrone Soup Chocolate Cake</p> <p>Cal.: 1127      Prot.: 36</p>	<p>13</p> <p>Baked Whitefish w. Mango Salsa Crispy Hawaiian Garlic Tofu Sesame Chicken Strips Spinach w. Sesame &amp; Garlic Carrot &amp; Ginger Soup Pacific Sunset Jelly</p> <p>Cal.: 749      Prot.: 46</p>
Weekly Special: Neapolitan Pasta				
<p>16</p> <p>Spaghetti &amp; Meatballs Spaghetti Alfredo Ratatouille Broccoli, Carrots &amp; Cauliflower Cream of Asparagus Fresh Melon w. Grapes</p> <p>Cal.: 1097      Prot.: 37</p>	<p>17</p> <p>Herb Chicken Winter Vegetable Medley Rosemary Potatoes Green Beans w. Carrots Mixed Vegetable Soup Fresh Fruits w. Vanilla Syrup</p> <p>Cal.: 769      Prot.: 29</p>	<p>18</p> <p>Juicy Beef Burgers Grilled Vegetarian Burgers Crispy Potato Wedges Mushrooms &amp; Peppers Italian Vegetable &amp; Bean Soup Peaches w. Yogurt &amp; Raspberry Sauce</p> <p>Cal.: 981      Prot.: 27</p>	<p>19</p> <p>Cezars Roast Chicken Vegetarian Loaf w. Vegetable Demi Mashed Potatoes Roasted Carrots French Onion Soup Caramelized Pears</p> <p>Cal.: 760      Prot.: 29</p>	<p>20</p> <p>Pasta Frutti Di Mare Pasta Primavera Herb Rolls Eggplant Parmesan Tomato &amp; Basil Soup Italian Custard Brulee</p> <p>Cal.: 774      Prot.: 41</p>
Weekly Special: Sri Lankan Curry				
<p>23</p> <p style="text-align: center;">School Holiday</p>	<p>24</p> <p style="text-align: center;">School Holiday</p>	<p>25</p> <p style="text-align: center;">School Holiday</p>	<p>26</p> <p style="text-align: center;">School Holiday</p>	<p>27</p> <p style="text-align: center;">School Holiday</p>
<p>30</p> <p>Chicken Fajitas Vegetable Bean Fajitas Tortillas w. Salsa Bar Roasted Corn Garbanzo Soup Fresh Bananas</p> <p>Cal.: 797      Prot.: 39</p>	<p>31</p> <p>Japanese Chicken Curry Vegetable Curry Vegetable Croquettes Kimpira Gobo Miso Soup Fruit Jelly</p> <p>Cal.: 736      Prot.: 27</p>			