

Lunch Menu November 2019

Steamed rice, furikake, salad dressing and salad condiments also included with Set Lunch Soup **not included** in Bento Lunch
 Notices regarding bento/delivery order process

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 All Saints Day Chicken Adobo Vegetable Pancit Vegetarian Lumpia w. Dipping Sauce Water Spinach w. Garlic & Soy (Adobong Kangkong) Pork Sinigang Soup Cathedral Windows Jelly Cal.: 809 Prot.: 39
4 No School Parent - Teacher Conference Day	5 Spaghetti w. Meatballs Spaghetti Alfredo Ratatouille Green Beans w. Carrots & Cauliflower Tuscan Bean Soup Melon Jelly Cal.: 1024 Prot.: 38	6 Crispy Chicken w. Béarnaise Sauce Asparagus w. Lemon Herb Roasted Baby Potatoes Carrots Vichy French Onion Soup Chocolate Mousse Cal.: 1003 Prot.: 37	7 Juicy Beef Burgers Grilled Vegetable Burgers Oven Roasted Potato Wedges Eggplant w. Mushrooms Cream of Vegetable Soup Raspberry Peach Yogurt Cal.: 922 Prot.: 37	8 Salmon w. Lemon Sauce Vegetable Sesame Noodles Crispy Thai Chicken w. Thai Chili Sauce Stir Fry Greens w. Garlic Pumpkin & Coconut Soup w. Tofu Tapioca Cal.: 843 Prot.: 49
Weekly Special: Chicken Adobo w. Rice				
11 Beef Nachos Vegetable Bean Nachos Corn Chips w. Cheese Sauce Zucchini w. Potatoes & Tomatoes Pozole Sliced Pineapple Cal.: 855 Prot.: 34	12 Chicken w. Paprika Sauce Thyme Roasted Carrots & Green Beans Buttered Noodles Sautéed Spinach Cabbage w. White Bean Soup Fruit & Oat Crumble Cal.: 834 Prot.: 38	13 Japanese Pork Curry Vegetable Curry Potato Croquettes Kinpira Gobo Chicken Noodle Soup w. Miso Honey Glazed Citrus Slices Cal.: 998 Prot.: 40	14 Beef Lasagna Vegetarian Lasagna Herb Focaccia Broccoli w. Cauliflower & Carrots Minestrone Soup Chocolate Cake Cal.: 965 Prot.: 33	15 Pork Katsu Miso Roasted Eggplant (Dengaku) Simmered Pumpkin Sesame Green Beans Sweet Corn Soup Caramel Custard Cal.: 958 Prot.: 41
Weekly Special: Carbonara Pasta				
18 B.B.Q. Chicken Winter Harvest Grilled Vegetables Baked Potato w. Sour Cream & Chives Corn on the Cob Split Pea Soup Bread Pudding w. Vanilla Sauce Cal.: 888 Prot.: 39	19 Teriyaki Roast Pork Vegetable Yakisoba Spring Rolls w. Dipping Sauce Snap Peas Miso Soup Orange Wedges Cal.: 759 Prot.: 42	20 Tandoori Chicken Falafel w. Tzatziki Sauce Pita Bread Roasted Vegetable Masala Cauliflower w. Turmeric Soup Mango Mousse Cal.: 789 Prot.: 37	21 Spaghetti Bolognese Spaghetti Pomodoro Freshly Baked Bread Classic Caponata Chick Pea Soup Mixed Berry Pannacotta Cal.: 1095 Prot.: 35	22 Cezars Thanksgiving Roast Day Roast Vegetarian Loaf w. Vegetable Demi Mashed Potatoes & Gravy Green Beans & Stuffing Butternut Squash Soup Pumpkin Pie Bars Cal.: 668 Prot.: 41
Weekly Special: Butter Chicken Curry				
25 No School HAPPY THANKSGIVING!	26 Pork Tacos al Pastor Vegetable Bean Tacos Tortillas w. Salsa Mexican Corn Chicken & Lime Soup Fresh Bananas Cal.: 678 Prot.: 28	27 Roasted Chicken w. Mushroom Gravy Green Bean Casserole w. Crispy Onions Country Biscuits Carrots w. Dill Corn Chowder Soup Peach Cobbler Cal.: 972 Prot.: 41	28 Meat Lovers Pizza Margarita Pizza Winter Roasted Vegetable Pasta Buttered Broccoli Italian Vegetable Soup Sliced Melon w. Grapes Cal.: 864 Prot.: 37	29 Yakimiku Chicken Grilled Japanese Vegetables Gyoza w. Dipping Sauce Cabbage w. Shimeji, Carrots & Baby Corn Wakame Soup Mixed Berry Yogurt Cal.: 930 Prot.: 44
Weekly Special: Bolognese Pasta				