

## Lunch Menu August 2019

Steamed rice, furikake, salad dressing and salad condiments also included with Set Lunch Soup **not included** in Bento Lunch  
 Notices regarding bento/delivery order process

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21 B.B.Q. Chicken Summer Grilled Vegetables Scalloped Potato Gratin Corn on the Cob Split Pea Soup Apple Crumble  Cal.: 1007    Prot.: 43	22 Spaghetti Bolognese Spaghetti Pomodoro Herb Rolls Ratatouille Chickpea Soup Mixed Berry Panna Cotta  Cal.: 885    Prot.: 21	23 Cezars Roast Day Vegetarian Loaf w. Savory Demi Mashed Potatoes & Gravy Thyme Roasted Carrots French Onion Soup Caramelized Pears  Cal.: 703    Prot.: 25
26 Pork Fajitas Mixed Bean Fajitas Tortillas & Salsa Roasted Cauliflower w. Tomatoes Mexicali Vegetable Soup Fresh Bananas  Cal.: 705    Prot.: 32	27 Teriyaki Chicken Vegetable Yakisoba Spring Rolls w. Dipping Sauce Snap Peas w. Peppers Miso Soup Sponge Cake  Cal.: 679    Prot.: 39	28 Cajun Fish Mac N Cheese Southern Chicken Tenders Creole Style Vegetables Broccoli Soup Peach & Raspberry Yogurt  Cal.: 714    Prot.: 49	29 Juicy Beef Burger Grilled Vegetable Burgers Crispy Potato Wedges Mixed Mushrooms w. Eggplant Spicy Whitefish Gumbo Soup Orange Wedges  Cal.: 834    Prot.: 43	30 Chicken Vesuvio Eggplant Parmesan Pepperoncini Pasta Zucchini Provencale Italian Vegetable Soup Strawberry Jelly  Cal.: 1015    Prot.: 43
Weekly Special: Chefs Pasta w. Basil Sausage				

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Soup **not included** in Bento Lunch