

Lunch Menu February 2019

Steamed rice, furikake, salad dressing and salad condiments also included with Set Lunch Soup **not included** in Bento Lunch Notices regarding bento/delivery order process

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> <p>Roast Pork w. Caramelized Onions Lentil Loaf w. Vegetable Demi Mac N Cheese Asparagus w. Carrots Vegetable Barley Soup Scones w. Strawberry Jam</p>
<p>4</p> <p>Chicken w. Paprika Sauce Roasted Root Vegetables Buttered Noodles Grilled Zucchini Cabbage w. White Beans Soup Fruit & Oats Crumble</p>	<p>5</p> <p>Beef & Mushroom Stew Vegetable Bouquetiere Scalloped Potato Gratin Sautéed Green Beans w. Melting Onions French Onion Soup Caramelized Pears</p>	<p>6</p> <p>Crispy Lemon Chicken Grilled Asparagus w. Peppers & Tomatoes Roasted Sweet Potatoes Spinach w. Mushrooms Garbanzo Soup Chocolate Mousse Pie Squares</p>	<p>7</p> <p>Italian Sausage Pizza Sub Vegetarian Pizza Sub Pasta Penne Pomodoro Steamed Broccoli Clear Vegetable Soup Fresh Fruit</p>	<p>8</p> <p>Soy Ginger Chicken Vegetable Lo-Mein Spring Rolls w. Dipping Sauce Stir Fry Vegetables Egg Drop Soup Coconut Cake</p>
Weekly Special: Tonkatsu with Rice				
<p>11</p> <p>Student Led Parent & Teacher Conference No School Lunch This Day</p>	<p>12</p> <p>Teriyaki Salmon Vegetable Yaki Udon Crispy Thai Chicken w. Sweet Chili Sauce Stir Fried Asian Greens Pumpkin & Coconut w. Tofu Soup Matcha Green Tea Cake</p>	<p>13</p> <p>Juicy Beef Burgers Grilled Vegetarian Burgers Crispy Potatoes w. Cheese Sauce Eggplant w. Mushrooms Italian Vegetable w. Bean Soup Mixed Fruit</p>	<p>14</p> <p>Cezars Roast Chicken Winter Roasted Vegetables Baked Potatoes w. 3 Healthy Toppings Thyme Roasted Carrots Spanish Garlic Soup Orange Mousse</p>	<p>15</p> <p>Spaghetti & Meatballs Pasta Arrabbiata w. Eggplant Garlic Breadsticks Vegetable Caponata Tomato Vegetable Soup Caramel Custard</p>
Weekly Special: Carbonara Pasta				
<p>18</p> <p>Chicken Tacos Vegetable Bean Chili Tortillas & Salsa Green Beans w. Potatoes & Tomatoes Mexican Mushroom Soup Fresh Bananas</p>	<p>19</p> <p>Hayashi Beef Vegetable Yakisoba Spring Roll w. Sweet Chili Sauce Snap Peas Miso Soup Orange Wedges</p> <p style="text-align: center;">Cal.: 956 Prot.: 36</p>	<p>20</p> <p>Louisiana Bayou Chicken Cajun Vegetable Cream Pasta CK Moist Sweet Cornbread Grilled Zucchini w. Garbanzo & Peppers Creole Vegetable Gumbo Soup Peach Pie Bar</p>	<p>21</p> <p style="text-align: center;">School Holiday</p>	<p>22</p> <p style="text-align: center;">School Holiday</p>
Weekly Special: Cajun Jambalaya				
<p>25</p> <p>Stir Fry Pork Crispy Tofu w. Yuzu Sauce Shoronpo w. Sesame Dipping Sauce Cabbage w. Carrots & Mushrooms Carrot & Ginger Soup Fresh Mikan</p>	<p>26</p> <p>Herb Chicken Italian Vegetable Paella Rosemary Potatoes Green Beans w. Carrots Mixed Vegetable Soup Caramel Macchiato Tiramisu Parfait</p>	<p>27</p> <p>Beef Lasagna Vegetarian Lasagna Pan de Fougasse w. Tomatoes Cauliflower w. Broccoli Minestrone Chocolate Cake</p>	<p>28</p> <p>Japanese Chicken Curry Vegetable Curry Croquettes Kinpira Gobo Miso Soup Jelly</p>	
Weekly Special: Taco Rice				