



Lunch Menu March 2018

Steamed rice, furikake, salad dressing and salad condiments also included with Set Lunch

Soup **not included** in Bento Lunch

Notices regarding bento/delivery order process

Monday	Tuesday	Wednesday	Thursday	Friday
			Pepperoni Pizza Subs 1 Vegetarian Pizza Subs Skillet Vegetable Pasta Italian Mixed Vegetables Mushroom Soup Fresh Fruit Jelly Cal.: 748 Prot.: 31	Professional Development 2 Day For Teachers *****
Teriyaki Chicken 5 Vegetable Yakisoba Shumai w. Dipping Sauce Ginger Braised Eggplant Miso Soup Orange Wedges Cal.: 720 Prot.: 38	Beef Nachos 6 Vegetable Bean Nachos Corn Chips w. Cheese Sauce Eggplant w. Mushrooms Pozole Soup Peach Cobbler Cal.: 853 Prot.: 50	Herb Roasted Chicken 7 Eggplant Parmigiana Peperoncino Pasta Steamed Broccoli & Carrots Ribollita Potage (Tuscan Potato Soup) Fruit Cocktail Cal.: 907 Prot.: 37	Juicy Beef Burgers 8 Grilled Vegetable Burgers Crispy Potato Wedges Garlic Green Beans Vegetable Consomme Carrot Cake Cal.: 781 Prot.: 30	Spaghetti Frutti Di Mare 9 (Seafood Pasta) Pasta Primavera Herb Rolls Mixed Vegetables w. Peppers Bean w. Tomato & Spinach Italian Custard Brulee Cal.: 625 Prot.: 29
Weekly Special: Japanese Curry w. Croquettes				
Thai Holy Basil Chicken 12 Green Vegetarian Curry Pad Thai Stir Fry Spinach Tom Yum Soup Mango Yogurt Cal.: 847 Prot.: 37	Pasta Carbonara 13 Creamy Mushroom Pasta Zucchini Provencal Sicilian Vegetables Tomato Basil Soup Berry Pannacotta Cal.: 642 Prot.: 20	Chicken Hamburg w. Demi 14 Tofu Hijiki Hamburg Baked Potatoes w. 3 Healthy Toppings Spring Vegetable Medley Corn Chowder Freshly Sliced Fruit Cal.: 769 Prot.: 39	Beef Lasagna 15 Vegetarian Lasagna Home Made Focaccia Garlic Green Beans Minestrone Soup Chocolate Cake Cal.: 884 Prot.: 31	Herb Crusted Salmon 16 Eggplant Parmigiana Butter & Garlic Potatoes Eggplant, Zucchini, & Tomatoes Vegetable Soup Mixed Berry Compote Cal.: 823 Prot.: 29
Weekly Special: Taco Rice				
Chefs Curry 19 Vegetable Curry Vegetable Croquettes Kinpira Gobo Miso Soup Fresh Bananas Cal.: 809 Prot.: 37	Santa Fe Pork Fajitas 20 Mixed Vegetable Bean Fajitas Tortillas w. Salsa Bar Corn & Cabbage w. Lime Mexicali Soup Fruit Crumble Cal.: 875 Prot.: 37	Butter Chicken 21 Roasted Vegetable Cous Cous Naan Bread Curried Peas w. Onions Lentil Soup Sliced Pineapple Cal.: 651 Prot.: 26	Chef's Roast Day 22 Roasted Vegetables Mashed Potatoes w. Gravy Vegetable Medley French Onion Soup Caramelized Pears Cal.: 771 Prot.: 35	Creamy Smoked Salmon & Dill Pasta 23 Pasta Pomodoro French Rolls Roasted Eggplant w. Peppers Tomato Vegetable Soup Sliced Melon Cal.: 737 Prot.: 25
Weekly Special: Tonkatsu w. Rice				
School Holiday 26	School Holiday 27	School Holiday 28	School Holiday 29	School Holiday 30