



Lunch Menu December 2017

Steamed rice, furikake, salad dressing and salad condiments also included with Set Lunch

Soup **not included** in Bento Lunch

Notices regarding bento/delivery order process

Monday		Tuesday		Wednesday		Thursday		Friday	
								Japanese Curry Vegetable Curry Potato Croquettes Kinpira Gobo Wakame Soup Fruit Cocktail 1	
								Cal.: 804	Prot.: 33
Sweet & Sour Pork Vegetable Lo-Mein Spring Rolls Stir Fried Broccoli Hot & Sour Soup Tapioca 4		Chicken Tacos al Pastor Vegetable Bean Chili Tortilla w/ Pineapple Salsa Mexicali Vegetables Tex Mex Soup Fresh Bananas 5		Juicy Beef Burgers Grilled Vegetable Burgers Oven Baked Potato Wedges Mixed Mushrooms Swiss Onion Soup Chef's Jelly 6		Herb Roasted Chicken Assorted Winter Roasted Vegetable Gratin Potatoes Chefs Vegetables Mushroom Soup Peach & Berry Cobbler 7		Meat lovers Pizza Margarita Pizza Pasta w/ Tomato Sauce Italian Mixed Vegetables Bean & Vegetable Soup Fresh Mikan 8	
Cal.: 956	Prot.: 42	Cal.: 726	Prot.: 30	Cal.: 701	Prot.: 37	Cal.: 765	Prot.: 38	Cal.: 667	Prot.: 26
Weekly Special: Chicken Nimono									
Chicken Nachos Mixed Bean Nachos Crispy Tortilla Chips & Cheese Sauce Roasted Corn w. Lemon Tortilla Soup Sliced Pineapple 11		Salisbury Steak w. Mushroom Demi Vegetarian Hamburg Herb Roasted Potatoes Spinach Provencal Minestrone Soup Caramelized Pears 12		Chicken Parmesan Baked Ziti Parmesan Home Style Focaccia Tuscan Green Beans Vegetable Bean Soup Chocolate Cake 13		Winter Holiday Roast Harvest Roasted Assorted Squash Baked Cranberry Scones Braised Cabbage Potato Bisque Cinnamon Apple Bake 14		Early Release Christmas Holidays Begin at 10:20 AM *** *** 15	
Cal.: 753	Prot.: 36	Cal.: 844	Prot.: 33	Cal.: 855	Prot.: 38	Cal.: 884	Prot.: 36	Cal.: ***	Prot.: ***
Weekly Special: Butadon									
x 18 x x x x x		x 19 x x x x x		x 20 x x x x x		x 21 x x x x x		x 22 x x x x x	
x 25 x x x x x		x 26 x x x x x		x 27 x x x x x		x 28 x x x x x		x 29 x x x x x	