



Lunch Menu August 2017

Steamed rice, furikake, salad dressing and salad condiments also included w ith Set Lunch

Soup **not included** in Bento Lunch

Notices regarding bento/delivery order process

Monday	Tuesday	Wednesday	Thursday	Friday
	Holidays 1	Holidays 2	Holidays 3	Holidays 4
Holidays 7	Holidays 8	Holidays 9	Holidays 10	Holidays 11
Holidays 14	Holidays 15	Holidays 16	Holidays 17	Holidays 18
Holidays 21	Holidays 22	Chefs Pizza Tomato & Cheese Pizza Penne Pomodoro Zucchini Provincial Zuppa Toscana Chocolate Cake	Cezars Roast Day Vegetarian Loaf w. Umami Bomb Demi Butter Rolls Roasted Seasonal Vegetables French Onion Soup Pear Pie Bars	Chicken Burgers on W heat Buns Grilled Vegetable Burgers Potato Wedges Vegetable Medley Mixed Bean & Vegetable Soup Fresh Bananas
		Cal.: 702 Prot.: 26	Cal.: 647 Prot.: 28	Cal.: 693 Prot.: 32
Teriyaki Pork Vegetable Yakisoba Shumai w. Dipping Sauce Ginger Braised Eggplant Miso Soup Freshly Sliced Fruit	Mandarin Chicken Stir fry Tofu Vegetable Lo Mein Broccoli w. Red Peppers Egg Drop Soup Coconut Tapioca w. Tropical Fruit	Beef Lasagna Vegetable Lasagna Herb Focaccia Mixed Vegetables Minestrone Soup Peach & Raspberry Jelly	Tandoori Chicken Roasted Vegetable Cous Cous Pita Bread w. Tzatziki Curried Pumpkin Lentil Soup Mango Yogurt	
Cal.: 743 Prot.: 30	Cal.: 807 Prot.: 35	Cal.: 749 Prot.: 30	Cal.: 685 Prot.: 36	