



St. Mary's International School  
**2015-2016 MANDATORY HEALTH FORM**  
 Required for all students entering Grade 10

Office Use Only

Printed on  
7/15/15

**To be completed by a parent / guardian**

\* Please print or type

|   |                 |                                |           |              |                |
|---|-----------------|--------------------------------|-----------|--------------|----------------|
| Student's Name  |                 |                                |           |              |                |
| Grade (in Aug. 2015)  |                 | Date of Birth                  |           |              |                |
| <b>Contact Information</b>  |                 |                                |           |              |                |
| Home Phone:   |                 | Home Address:                  |           |              |                |
| Mother's Mobile:  |                 |                                |           |              |                |
| Mother's Work:  |                 |                                |           |              |                |
| Father's Mobile:  |                 | Contact Email Address:         |           |              |                |
| Father's Work:  |                 |                                |           |              |                |
| Emergency Contact (not parent) Name:  |                 | Phone:                         |           |              |                |
| <b>Medical/Physical Conditions</b>  |                 |                                |           |              |                |
| <i>Does your son suffer from any of the following:</i>  |                 |                                |           |              |                |
| Asthma  | Yes / No        | Epilepsy                       | Yes / No  |              |                |
| Joint / Back Pain   | Yes / No        | Nose Bleeding                  | Yes / No  |              |                |
| Heart Condition   | Yes / No        | Diabetes                       | Yes / No  |              |                |
| Frequent Headaches / Migraines  | Yes / No        | Skin Disease                   | Yes / No  |              |                |
| <i>List other medical / physical conditions or limitations and clarify any Yes answers from above:</i>      |                 |                                |           |              |                |
|   |                 |                                |           |              |                |
| <i>List any surgeries (include date) that your son may have had:</i>  |                 |                                |           |              |                |
|   |                 |                                |           |              |                |
| <b>Allergies</b><br>(Food / Drug and Bee Allergies)<br>List Reaction  | Allergy:        |                                | Reaction: |              |                |
|   |                 |                                |           |              |                |
|   |                 |                                |           |              |                |
| <b>Medications</b> <i>List all prescription medications (name, dose, and frequency) that your son takes</i> |                 |                                |           |              |                |
|   |                 |                                |           |              |                |
| <b>Permission to Dispense Non-Prescription Medications</b>  |                 |                                |           |              |                |
| Tylenol   | Yes / No        | Antacids (Tums / Pepto Bismol) | Yes / No  |              |                |
| Motrin (Ibuprofen)  | Yes / No        | Cough Medicine / Decongestant  | Yes / No  |              |                |
| <b>Immunizations</b>  |                 |                                |           |              |                |
| Immunization<br>(Fill in year vaccine administered)   | Early Childhood |                                |           | 4-6yr<br>Age | 11-12yr<br>Age |
| Required  |                 |                                |           |              |                |
| Diphtheria / Tetanus (Tdap / DTap)  |                 |                                |           |              |                |
| Polio (IPV or OPV)  |                 |                                |           |              |                |
| Mumps / Measles (MMR)   |                 |                                |           |              |                |
| BCG (If no BCG then TB test)  |                 |                                |           |              |                |
| TB / PPD test (Within 3 years if no BCG)  | Year            | Result                         |           |              |                |
| Recommended   |                 |                                |           |              |                |
| Hepatitis B (Only 3 doses if not given during infancy)  |                 |                                |           |              |                |
| Chicken Pox (Varicella)   |                 |                                |           |              |                |
| If not immunized – print year had Chicken Pox)  |                 |                                |           |              |                |
| <b>Parent / Guardian Signature:</b>   |                 |                                |           |              | <b>Date:</b>   |

# 2015-2016 PHYSICAL EXAMINATION

Required for all students entering Grade 10

**Must be completed by a physician**

|                      |       |      |
|----------------------|-------|------|
| Student's Name: Last | First | Age: |
|----------------------|-------|------|

Date of Evaluation (must be within 6 months start of school year or admission): (mm/dd/yyyy)

|                          |   |    |        |   |                             |       |                      |       |
|--------------------------|---|----|--------|---|-----------------------------|-------|----------------------|-------|
| <b>Health Assessment</b> | Height:   | cm | B / P  | / | <b>Physical Examination</b> |       |                      |       |
|                          | Weight:   | kg | Pulse: |   | 1. Within Normal            |       | 2. Abnormal findings |       |
|                          | BMI:  |    |        |   | HEENT                       | 1 / 2 | Neurological         | 1 / 2 |
|                          | <input type="checkbox"/> Age appropriate history completed                                  |    |        |   | Lungs                       | 1 / 2 | Gastro Intest.       | 1 / 2 |
|                          | <i>List any previous surgeries:</i>   |    |        |   | Heart                       | 1 / 2 | Extremities          | 1 / 2 |
|                          |   |    |        |   | Skin                        | 1 / 2 | Genital              | 1 / 2 |
|                          |   |    |        |   | Urinary                     | 1 / 2 | Scoliosis            | 1 / 2 |
|                          | <i>Significant physical findings, comments, and recommendations for medical monitoring:</i> |    |        |   |                             |       |                      |       |

|   |                                  |                          |                                      |        |                    |
|---|----------------------------------|--------------------------|--------------------------------------|--------|--------------------|
| <b>Screenings</b>   | <b>Vision</b>                    |                          | <b>Developmental</b>                 |        |                    |
|   | Screening with corrective lenses | <input type="checkbox"/> |                                      | Normal | Concern Identified |
|   | Pass                             | <input type="checkbox"/> | Emotional / Social                   |        |                    |
|   | Referral made                    | <input type="checkbox"/> | Problem Solving                      |        |                    |
|   | <b>Dental</b>                    |                          | Language / Communication             |        |                    |
|   | Pass                             | <input type="checkbox"/> | Fine Motor Skills                    |        |                    |
|   | Referral made                    | <input type="checkbox"/> | Gross Motor Skills                   |        |                    |
|   | <b>Auditory</b>                  |                          | Speech                               |        |                    |
|   | Pass                             | <input type="checkbox"/> | <i>State / Clarify any concerns:</i> |        |                    |
|   | Referral made                    | <input type="checkbox"/> |                                      |        |                    |
| <b>Chest X-Ray</b><br><small>(NEW - required for all 10<sup>th</sup> grade)</small> |                                  | <input type="checkbox"/> |                                      |        |                    |

|                         |   |  |
|-------------------------|---|--|
| <b>Medical Concerns</b> | <input type="checkbox"/> Well child / No identified concerns to school programs or activities.  |  |
|                         | <i>List any medical conditions identified that are important to school / physical activity (i.e. asthma, diabetes, seizure disorder, allergies, bone/joint diseases):</i> |  |
|                         | <i>List any restricted activities or special needs:</i>   |  |
|                         | <i>List any medications student is currently prescribed (include dosage and frequency):</i>   |  |

**Physician Signature:** **Date:**

Physician / Clinic address / Phone number (\*please print or stamp)

Name: Phone Number:  
Address: